

***The Atlanta Xplosion GM Top Pre-season Picks***  
***week 3***  
***"AWFFL Rookie and Veteran of the Week"***

This season the Atlanta Xplosion has introduced a new Player Recognition Program to its line up to recognize each week one veteran and one rookie of the week during their pre-season. All players will be graded each week during the preseason practice sessions, classroom sessions, and viewed on their off the field contributions as it relates to player fees, media involvement, fundraising etc..

Player's designated position coaches and Head Coach will make their recommendations to the front office, however, the General Manager, Mashonda Gilmore will make her pick of the week. The criteria of her choices will be graded against the following statutes:

- \* **Player's Attendance in practice**
- \* **Player's Accountability**
- \* **Effort in Practice**
- \* **Communication with staff and teammates**
- \* **Ability to listen to coaches and teammates**
- \* **Dress Attire "are you in colors"**
- \* **Progression of fundamentals and skill sets**

**Each Saturday a player will be announced in practice being recognized as the AWFFL GM's Pick of the Week.**

Week 3 AWFFL Rookie of the Week selected was Jackie "Jax" Smith. Jax's plays wide receiver for the Atlanta Xplosion and showed up as a solid athlete showing progression in her skill set each practice. She is truly a very coachable athlete who loves the Atlanta Xplosion. Great attitude, unselfish player definitely a true **Xplosion Leader** in the making. As a result of her accomplishment, Jax was given a \$25 Gift Certificate to shop at Sport's Authority as a token of the AWFFL and the Atlanta Xplosion appreciation.

The AWFFL Veteran of the week selected was Tanika "T" Stephens. Tanika plays both sides of the ball as a defensive back for defense and full back and tight end for offense. Tanika is also a very coachable player that will play hard for her team. During her offseason Tanika has put the time in showing xplosiveness in each drill and on each play that's carried out. She to has proven to show great work ethic on and off the field. The AWFFL and the Atlanta Xplosion would like to congratulate Tanika for a job well done and deserving. She to has received a \$25 Gift Card to dine at the Outback Steakhouse.

***Tic-Tic Boom!!!!***  
***Xtreme Women***  
***Xciting Football***